FOOD MENU

Oriental Wok

祝您胃口好

Oriental Wok

A celebration of Asia's rich culinary heritage, where time-honoured traditions meet the artistry of the modern table.

From the fragrant kitchens of China, delicate precision of Japan, to the vibrant flavours of Thailand and rest of Asia, each dish invites you to discover the character, warmth and soul of its origin.

Thoughtfully curated and crafted with the finest ingredients, this menu is an invitation to linger, savour and experience the pleasures of the East – one exquisite bite at a time.

We invite you to make yourself at home, and let your journey begin.

Salads (kcal provided are per serving)

Baby Spinach Grapefruit Salad (280 kcal) ₹ 495
Crisp greens, caramelised grapefruit, crispy lotus root, and sesame with a delicate maple-honey togarashi dressing

Vegetable Gomae (220 kcal) ₹ 495
Seasonal vegetables and pickled shimeji mushrooms, dressed in a delicate tahini, sake-soy and kombu dashi dressing, finished with some crispy garlic

Miso Burrata Salad (380 kcal) ₹ 895
Creamy burrata, crisp greens, cherry tomatoes, sun-dried tomatoes and caramelised walnuts, finished with a delicate sweet miso dressing and some spicy mayo

Avocado Shimeji Beetroot (240 kcal) ₹ 595
Creamy avocado, pickled shimeji, beetroot and crisp vegetables with fresh mizuna and mixed lettuce finished with a soy vinaigrette

Grilled Chicken Wasabi Mayo (320 kcal) ₹ 695
Tender grilled chicken, avocado and crisp mixed greens, finished with toasted sesame and smoky wasabi mayo

Sashimi Salad (260 kcal) ₹ 995
Tuna, salmon and crab with crisp greens, finished with a soy vinaigrette

Prawns in Truffle Goma (260 kcal) ₹ 795
Seared togarashi prawns with crisp green lettuce, finished with sesame and a delicate truffle dressing

ALLERGENS:

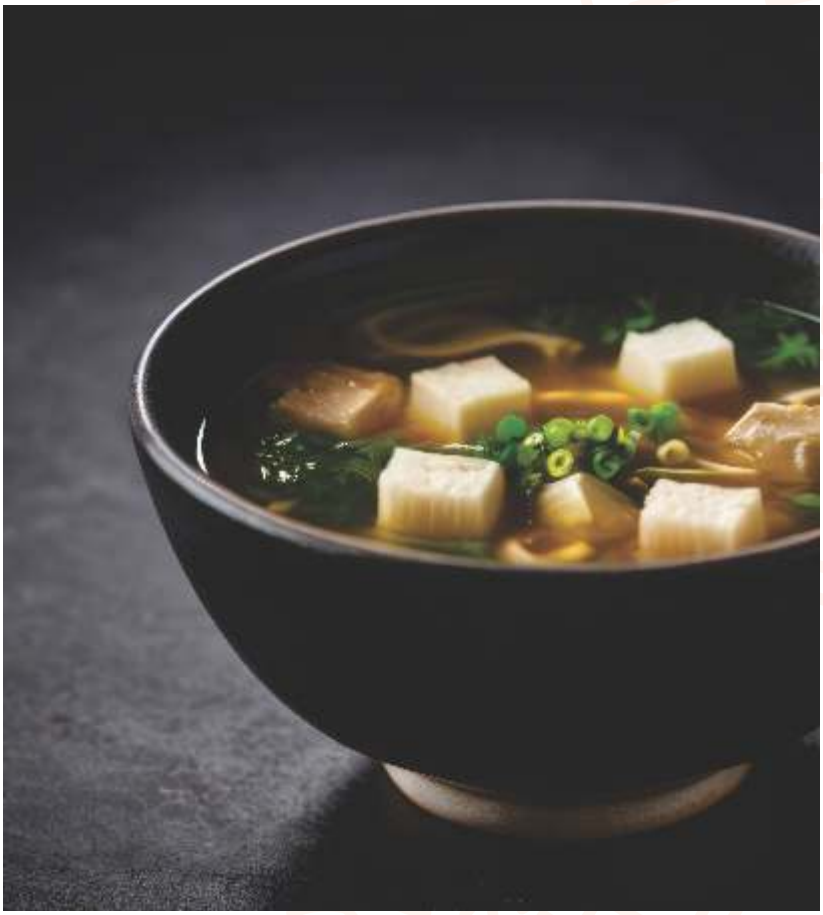
Veg	Spicy	Dairy-free	Vegan	Fish	Shellfish	Eggs	Gluten	Soy	Nuts
Non-Veg	New	Gluten-free	Jain*	Mushroom	Dairy	Maize	Tree Nuts	Mustard	Sesame	Coconut

All Kcal counts are for 100 gm serving size. Please alert your order taker about any allergies.
*JAIN on request (only excluding Onions & Garlic), Government Taxes extra, as applicable.

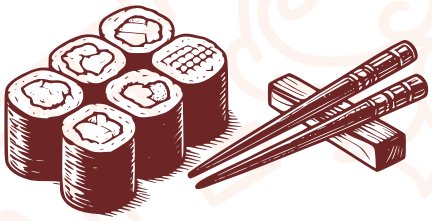
Soups

Wakame Miso Soup (140 kcal) ₹ 395
Silken miso broth with wakame, soy milk and a delicate touch of sesame oil and butter
Add Prawns (220 kcal) + ₹ 120

(V) **Phemie Soup** (120 kcal) ₹ 395
Curried pineapple broth with delicate black and white fungus mushrooms
Add Chicken (180 kcal) + ₹ 100
Add Prawns (165 kcal) + ₹ 120



Sushi



Asparagus Truffle Tempura Roll (300 kcal) ₹ 1195
Crisp asparagus tempura rolled in seasoned sushi rice with plain and spicy mayo

Yasai Roll (260 kcal) ₹ 1195
Inari with cucumber, beet root, carrot rolled in sushi rice with spicy mayo and eel sauce

Truffle Tempura Roll (290 kcal) ₹ 1195
Crispy enoki tempura rolled in sushi rice with truffle and spicy mayo

Spicy Avocado Cream Cheese Roll (280 kcal) ₹ 1195
Shichimi sushi rice filled with cream cheese, avocado, cucumber & pineapple

Spicy Katsu Chicken Roll (340 kcal) ₹ 1195
Succulent katsu chicken rolled in sushi rice filled with leafy veggies finished with spicy tanuki, spicy mayo and sriracha

Salmon Inside Out Roll (260 kcal) ₹ 1295
Salmon and cucumber rolled in sushi rice finished with thinly sliced salmon and tobiko

Salmon Inside Out Roll Aburi (260 kcal) ₹ 1295
Salmon and cucumber rolled in sushi rice finished with thinly sliced charred salmon and tobiko

Ebi Tempura Roll (300 kcal) ₹ 1295
Crispy batter-fried ebi & cucumber sushi roll

ALLERGENS:

Veg	Spicy	Dairy-free	Vegan	Fish	Shellfish	Eggs	Gluten	Soy	Nuts
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Spicy Tuna Tartare Roll (270 kcal) ₹ 1295
Tuna, avocado and cucumber with crispy fried lotus root with hot chilli sauce

Rainbow Roll (300 kcal) ₹ 1395
Tuna, salmon, shrimp and crabstick with cucumber and avocado, finished with kewpie mayo and tobiko

Rock Shrimp Roll (310 kcal) ₹ 1395
Crispy fried shrimp with avocado and cucumber, finished with mentaiko sauce and delicate bonito flakes

Nigiri

(J) **Avocado Nigiri** (90 kcal) ₹ 495
Fresh avocado layered over seasoned sushi rice, finished with mayo

Enoki Mushroom Nigiri (110 kcal) ₹ 495
Crispy batter fried enoki mushroom layered over seasoned sushi rice, finished with mayo

Salmon Nigiri (90 kcal) ₹ 595
Fresh sliced salmon delicately layered over sushi rice finished with kewpie mayo and tobiko

Salmon Nigiri Aburi (90 kcal) ₹ 595
Fresh sliced charred salmon delicately layered over sushi rice, finished with kewpie mayo and tobiko

Tuna Nigiri (85 kcal) ₹ 595
Fresh sliced tuna delicately layered over sushi rice finished with kewpie mayo and tobiko

Hamachi Nigiri (90 kcal) ₹ 595
Fresh sliced hamachi delicately layered over sushi rice finished with kewpie mayo and tobiko

Small Plates

Goma Dofu (180 kcal) ₹ 695
Silken sesame tofu served with umami sake, kombu dashi and light soy dressing

Agedashi Dofu (250 kcal) ₹ 695
Crispy fried silken tofu with agedashi sauce

Salmon Carpaccio (180 kcal) ₹ 895
Thinly sliced salmon, orange zest served with sweet & spicy dip

Tuna Tataki (220 kcal) ₹ 895
Grilled tuna coated with mixed sesame seeds, pickled onion, tataki sauce, tobiko

Hamachi Carpaccio (200 kcal) ₹ 895
Thinly sliced hamachi served with avocado mousse and truffle ponzu soy sauce

ALLERGENS:

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Appetisers

Mala Lotus Stem (260 kcal) ₹ 695
Crispy fried lotus root tossed in spicy honey chilli sauce and curry leaves

Dynamite Shrimp/ Mushroom (320/ 300 kcal)
/ ₹ 1095/ ₹ 795
Batter fried crisp shrimp/mushroom tossed in hot dynamite sauce

Kungpao Chicken/ Tofu (340/ 290 kcal)
/ ₹ 745/ ₹ 695
Fried chicken/ tofu wok-tossed with aromatic spices, mixed bell peppers in mildly spicy sauce, finished with cashew nut

Crispy Korean Chicken (380 kcal) ₹ 745
Buttermilk fried chicken tossed in kimchi sauce

Tori Karaage (340 kcal) ₹ 745
Panko fried chicken served with sweet chilli sauce

Dim Sum & Gyoza

Crystal Veg (140 kcal) ₹ 395
Delicate translucent dumplings filled with fresh seasonal vegetables, steamed to perfection

Edamame & Truffle Dumpling (150 kcal) ₹ 445
Dumplings filled with tender edamame, water chestnut, aromatic truffle oil and cream cheese

Lotus Stem Water Chestnut (150 kcal) ₹ 445
Spicy lotus stem and water chestnut dumpling

Veg Gyoza (180 kcal) ₹ 445
Dumpling filled with miso marinated seasonal vegetables, pan fried

Chicken Gyoza (200 kcal) ₹ 595
Dumplings filled with miso marinated succulent chicken, pan fried

Enoki Prawn & Seaweed (180 kcal) ₹ 595
Tender prawn wrapped with delicate enoki mushrooms and umami rich seaweed

Spicy Chicken Dim Sum (170 kcal) ₹ 545
Chicken minced with coriander and red chilli, steamed to perfection

Hokkaido Prawn Dumpling (190 kcal) ₹ 595
Prawns tossed in rich butter garlic wrapped in dumpling skin

ALLERGENS:

Veg	Spicy	Dairy-free	Vegan	Fish	Shellfish	Eggs	Gluten	Soy	Nuts	
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Rice & Noodles

Edamame Jasmine Fried Rice
Fragrant jasmine rice wok-tossed with tender edamame finished with truffle oil

Veg (350 kcal) ₹ 545 | Egg (365 kcal) ₹ 575
Chicken (390 kcal) ₹ 625 | Prawns (375 kcal) ₹ 675

Hibachi Jasmine Fried Rice
Jasmine rice wok tossed with hibachi sauce finished with garlic

(J) Veg (350 kcal) ₹ 565 | Egg (365 kcal) ₹ 595
Chicken (390 kcal) ₹ 645 | Prawns (375 kcal) ₹ 695

Steamed Rice/ Jasmine Rice (210 kcal) ₹ 275
Long grain steamed rice/ fragrant steamed jasmine rice

Wok-Tossed Fried Rice
Fragrant rice wok-tossed with fresh vegetables

(J) Veg (350 kcal) ₹ 445 | Egg (365 kcal) ₹ 475
Chicken (390 kcal) ₹ 545 | Prawns (375 kcal) ₹ 595

Yaki Udon Noodles with Mushroom (480 kcal) ₹ 645
Thick chewy udon stir fry with pok choy, broccoli, house umami sauce, topped with tempura flakes & mushroom mince

Yaki Udon Noodles with Chicken (480 kcal) ₹695
Thick chewy udon stir fry with pok choy, broccoli, house umami sauce, topped with tempura flakes, chicken mince & fried egg

Yaki Soba Noodles (350 kcal) ₹ 695
Wok-tossed soba noodles with crisp vegetables/ batter fried chicken/ batter fried prawns and aromatic seasoning

Chicken (390 kcal) ₹ 725
Prawns (375 kcal) ₹ 795

Wok-tossed Noodles
Wok-tossed noodles with crisp seasonal vegetables

(J) Veg (350 kcal) ₹ 475 | Egg (365 kcal) ₹ 495
Chicken (390 kcal) ₹ 525 | Prawns (375 kcal) ₹ 595

Chirashi Rice Bowls

Katsu Curry Rice Bowl ₹ 725/ 825
Steamed short grain rice, katsu curry, panko fried chicken/ tofu topped with fukujinzuke
Tofu (530 kcal) Chicken (580 kcal)

Teriyaki Rice Bowl ₹ 725/ 825
Steamed short grain rice, teriyaki sauce, sake, pan fried sliced chicken/ tofu topped with fukujinzuke
Tofu (530 kcal) Chicken (580 kcal)

Butter Pepper Garlic Rice Bowl ₹ 725/ 825/ 895
Steamed short grain rice, butter pepper garlic sauce, fried sliced chicken/ tofu/ prawns topped with fukujinzuke (530/ 580/ 565 kcal)
Tofu Chicken Prawns

Poke Bowls

Avocado Poke Bowl (440 kcal) ₹ 695
Avocado, crispy veggies, layered on fluffy rice served with sesame dressing and nori flakes

Chicken Karaage Poke Bowl (520 kcal) ₹ 745
Panko fried chicken, diced avocado, crispy veggies, layered on fluffy rice served with sesame dressing and nori flakes

Honey Sriracha Shrimp Poke Bowl ₹ 795
Batter fried shrimp tossed in honey sriracha sauce, diced avocado, crispy veggies, layered on fluffy rice served with sesame dressing and nori flakes (540 kcal)

Salmon Poke Bowl (480 kcal) ₹ 995
Diced salmon, avocado, crispy veggies, layered on fluffy rice served with sesame dressing and nori flakes

ALLERGENS:

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SECTION OF

All-time Favourites

Oriental Wok

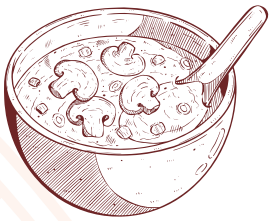
This section of our menu is a nostalgic journey through Oriental Wok's most cherished favourites – dishes that you and your fellow members have enjoyed and returned to over the years.

We've kept this collection close to heart, adding to it each year with the dishes you've chosen, loved and made your own.

You may always enjoy discovering what's new at Oriental Wok, but these are what you return to. Familiar, comforting and timeless – like coming home!

Bon appétit...

Soups



Hot & Sour Soup
Sour and spicy flavourful broth with bamboo shoots and your choice of protein

(J)(V) Choose from:
- Tofu (150 kcal) — ₹ 395
- Chicken (190 kcal) — ₹ 425
- Prawns (170 kcal) — ₹ 475

Manchow Soup
Spicy and tangy broth with loads of aromatic herbs served with crispy fried noodles

(J)(V) Choose from:
- Veg (150 kcal) — ₹ 395
- Chicken (190 kcal) — ₹ 425
- Prawns (170 kcal) — ₹ 475

Sweet Corn Soup
Comforting bowl of soup with tender corn kernels and corn cream

(J) Choose from:
- Veg (150 kcal) — ₹ 395
- Chicken (190 kcal) — ₹ 425
- Prawns (170 kcal) — ₹ 475

Lemon Coriander Soup
Tangy refreshing soup with fresh cilantro

Choose from:
- Veg (90 kcal) — ₹ 395
- Chicken (110 kcal) — ₹ 425
- Prawns (100 kcal) — ₹ 475

ALLERGENS:

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Bao

Spicy Mushroom (280 kcal) ₹ 425
House made steamed bao filled with a mélange of mushrooms tossed in hoisin sauce

(J) **Cottage Cheese Sriracha** (320 kcal) ₹ 445
Panko-crusted paneer steaks gua bao topped with sriracha and spicy mayonnaise

Crispy Fried Chicken (340 kcal) ₹ 495
Panko-crusted chicken gua bao topped with sriracha and spicy mayonnaise

Prawns Chilli Basil (330 kcal) ₹ 545
Crispy batter-fried prawns with chilli basil sauce

Appetisers

Manchurian Dry
Deep-fried vegetable balls/ diced chicken tossed in a flavourful, tangy and spicy sauce
Choose from: **Veg** (290 kcal) ₹ 595
Chicken (320 kcal) ₹ 695

(V) **Steamed Edamame Pods**
Steamed edamame pods wok tossed
Choose from: **Plain/ Salted** (180 kcal) ₹ 645
Chilli Garlic (180 kcal) ₹ 645
Truffle (180 kcal) ₹ 645

Oriental Wok Style Potatoes (280 kcal) ₹ 595
Matchstick-cut crispy fried potatoes tossed in a sweet and tangy sauce

Salt & Pepper
Wok tossed with chopped onions, cracked black pepper, garlic, chillies, spring onions
(J) Choose from: **Corn** (270 kcal) ₹ 595
(J) **Paneer** (285 kcal) ₹ 695
Chicken (300 kcal) ₹ 745
Prawns (290 kcal) ₹ 1095

Oriental Wok-Style Stir-fried Chinese Greens (180 kcal) ₹ 645

Pokchoy, asparagus, chinese cabbage, broccoli, zucchini, young corn, snow peas and water chestnuts tossed in chef's special sauce

Classic Chilli Paneer/ Classic Chilli Chicken
Crispy paneer/ chicken tossed in a spicy, tangy sauce with bell peppers and onions

Paneer (300 kcal) ₹ 695

Chicken (340 kcal) ₹ 745

Changsha Chicken (360 kcal) ₹ 745
Crispy fried chicken stir-fried in soy oyster sauce with cilantro roots and spring onions

Smoked Garlic Chicken (280 kcal) ₹ 745
Wok-smoked chicken with garlic, fresh chilli and soy

Prawn Tempura (300 kcal) ₹ 1095
Our take on regular tempura prawns coated with rice crispies and topped with togarashi

Cha Chu Prawns (300 kcal) ₹ 1095
Crispy fried prawns wok tossed with fresh red chillies, brown garlic and coriander

XO Prawns, Dry (280 kcal) ₹ 1095
Stir-fried prawns and bell peppers in XO sauce

ALLERGENS:

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Mains

Khow Suey
Burmese style creamy spicy comfort bowl with rice/ noodles and your choice of vegetables/ protein, served with an array of toppings

- Veg (450 kcal) ₹ 725
- Chicken (485 kcal) ₹ 825
- Prawns (460 kcal) ₹ 1095

The Club Special Spicy Ramen

- Tofu (350 kcal) ₹ 725
- Chicken (385 kcal) ₹ 825
- Prawns (360 kcal) ₹ 1095

Pan Fried Noodles
Crispy noodles served with butter garlic sauce and veggie/ protein of your choice

- Veg (380 kcal) ₹ 725
- Chicken (480 kcal) ₹ 825
- Prawns (435 kcal) ₹ 1095

DIY BOWL
Hunan
Sichuan
Blackbean
Dry Red Chilli

- Veg (380 kcal) ₹ 725
- Chicken (480 kcal) ₹ 825
- Prawns (435 kcal) ₹ 1095

Thai Red Curry
Aromatic herbs and spices pounded and cooked with red chillies and coconut milk

- Veg (330 kcal) ₹ 725
- Chicken (420 kcal) ₹ 825
- Prawns (395 kcal) ₹ 1095

Thai Green Curry
Aromatic herbs and spices pounded and cooked with green chillies and coconut milk

- Veg (330 kcal) ₹ 725
- Chicken (420 kcal) ₹ 825
- Prawns (395 kcal) ₹ 1095

Desserts

OW2.0 Split (300 kcal/ serving) ₹ 425
Kataifi-wrapped crispy banana fritters, dark chocolate sauce, salted caramel, coconut ice cream

Matcha Shiro (330 kcal/ serving) ₹ 425
Cheesecake, yuzu cream, white chocolate shards, matcha dust, Raspberry

Caramel Custard (320 kcal/ serving) ₹ 375
Luscious creamy dessert with a bitter hint from caramel

Kuro Cacao (330 kcal/ serving) ₹ 425
Smooth black sesame ice-cream sandwich in Belgian chocolate cookies

Miso-misu (350 kcal/ serving) ₹ 425
Mascarpone mousse, espresso sponge, miso caramel, dark chocolate soil

Ice-cream, 2 Scoops (350 kcal/ serving) ₹ 425
Choose from: Black Sesame/ Coconut/ Vanilla/ Chocolate/ Coffee

Mochi Surprise (300 kcal/ serving) ₹ 425
Soft and chewy Japanese rice cakes with a delicate sweetness and a delightfully smooth pillowy texture

ALLERGENS:

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For table reservations, please call
022 6611 7777

Foursight Communications

The Club
Mumbai

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